



Make a difference in Peru! **Global Health Squad**



SQUADSABROAD
A CROSS-CULTURAL SOLUTIONS PROGRAM



WASHINGTON INTERNATIONAL SCHOOL VOLUNTEER & CULTURAL IMMERSION TRIP MARCH 24-APRIL 2, 2018

DAY 1: GROUP ARRIVAL AND LIMA EXPLORATION- Arrive at the Jorge Chavez International Airport in Lima where CCS staff and vans await. Transfer to the 'Home-Base' in the nice middle-class neighborhood of Surco, just south of downtown Lima. Settle in, meet our amazing CCS Peruvian staff and receive an orientation to the country and expectations for the week ahead. In the afternoon tour downtown colonial Lima with our knowledgeable guide. Visit the famous Plaza de Armas, San Francisco Cathedral, and Plaza Mayor, focal points for much of Peru's fascinating colonial to modern history.

DAYS 2-6: GLOBAL HEALTH PROJECTS- Over the course of the next week, your group will volunteer each weekday morning in an elderly center and daycare. Students will examine the social determinants of public health in the community while working to resolve a public health challenge in the areas of Nutrition, Sanitation, and Dental Hygiene. In addition to providing educational support to students, the group will experience the tangible accomplishment of a much needed enrichment project such as building wash stations, gardens, painting educational murals, and providing dental supplies and workshops. Site visits, guest speakers, and cultural activities will be facilitated by CCS bilingual trained staff and local professionals. **AFTERNOON**

CULTURAL ACTIVITIES- Each afternoon enjoy guided cultural activities include bartering in the Incan Market of Miraflores, a stroll down the beachfront strip of El Malecon, a tour of the bohemian neighborhood of Barranco. Explore the pre-Incan ruins at Huaca Pucllana and Pachacamac. Meet engaging Peruvian activists, journalists, and move our feet with an Afro-Peruvian dance lesson!



22+ YEARS OF THE SAFEST AND HIGHEST QUALITY STUDENT GROUP VOLUNTEER TRIPS

HOME-BASE ACCOMMODATIONS

At the Home-Base, you'll enjoy authentic local cuisine, connect with CCS staff, and enjoy your downtime. Volunteers stay in same-sex rooms private to your group. One room accommodates 4-6 people. Private rooms provided for teacher-chaperones.

STAFFING

Our incredible team will be on call to support you every step of the way—including Country Director Kique Bossio, as well as expertly-trained CCS cooks, security guards, house managers, and drivers. A CCS leader will be assigned to the group at all times.

COMMUNICATION

Our staff can be reached 24/7 in the event of an emergency. Students will have the opportunity to access the internet and landlines for set periods of time on most evenings. Trip updates may be posted on our blog for friends and family to follow along.

TERMS AND CONDITIONS:

Individual Program Contribution includes all in-country expenses, including meals, lodging, transport, scheduled activities, staffing, travel medical insurance, and volunteer project support. CCS requires a minimum of one teacher/chaperone for every nine students enrolled.

GROUP FLIGHT INFORMATION:

Saturday, March 24

CM #357 IAD 9:21 AM, PTY 1:11 PM

CM #493 PTY 3:46 PM, LIM 7:19 PM

Friday, March 30

AV #831 LIM 3:20 PM, CUS 4:37 PM

Monday, April 02

AV #838 CUS 7:22 AM, LIM 8:55 AM

Monday, April 02

CM #760 LIM 1:39 PM, PTY 5:20 PM

CM #488 PTY 6:58 PM, IAD 12:55 AM, **Apr 3**

Day 7-9: THE SACRED VALLEY AND MACHU PICCHU

Take an internal flight from Lima to Cuzco. Explore the magnificence of the Inca Empire with a Sacred Valley tour, visiting sites such as Qurikancha, the Temple of the Sun. Visit a llama farm to learn about their historically vital role in Peruvian culture. Journey to Machu Picchu, referred to as the "Lost City of the Incas" or the "City in the Sky." Take a train and a bus from Cuzco to reach this Seventh Wonder of the World. Spend the day on a guided tour of Machu Picchu and stay the night in Aguas Calientes, a town nestled down in a gorge below the ruins of Machu Picchu.

DAY 10: RETURN HOME:

Enjoy your final morning in Cuzco with some souvenir shopping and a celebratory meal before departing on a flight back to Lima and then back home.



FEES AND DUE DATES

Individual Program Contribution: \$3370 per student including all airfare

Group Project Contribution: \$1500 per group towards the host enrichment project.

Due Dates: Application & \$350 deposit due November 30th, balance due 60 days prior

How to Enroll: <https://www.empowered.org/Washington-International-School>

www.squads.ngo

Communicate with our Director of School Group Programs, Erik Werner @
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