

# *Make an Impact in Guatemala!*

## Global Health Squad



**SQUADS ABROAD**  
A KEY CLUB PARTNER



KEY CLUB®

## Ross S. Sterling High School

VOLUNTEER & CULTURAL IMMERSION TRIP

March 11-17, 2019

### **DAYS 1-2: GROUP ARRIVAL & TECPAN ORIENTATION**

Your group arrives into La Aurora International Airport in Guatemala City, where friendly our staff members greet you and transport the group 1.5 hours to the rural modern Maya community of Tecpán. The Home-Base is located in a safe and private reserve just minutes from the city center and is complete with hammocks, lush greenery, and plenty of space to meet or relax with your group. Our Guatemala Director will provide an active tour of the community, a visit to a working farm, and an orientation to the week ahead.

### **DAYS 2-6: GLOBAL HEALTH PROJECTS**

Over the course of the next week, your group will volunteer each weekday morning in a local school. Students will examine the social determinants of public health in the community while working to resolve a public health challenge in the areas of Nutrition, Sanitation, and Dental Hygiene. In addition to providing educational support to students, the group will experience the tangible accomplishment of a much needed enrichment project such as building wash stations, gardens, painting educational murals, and providing dental supplies and workshops. Site visits, guest speakers, and cultural activities will be facilitated by bilingual trained staff and local professionals.



# 22+ YEARS OF THE SAFEST AND HIGHEST QUALITY STUDENT GROUP VOLUNTEER TRIPS

## HOME-BASE ACCOMMODATIONS

At the Home-Base, you'll enjoy authentic local cuisine, connect with our staff, and enjoy your downtime. Volunteers stay in same-sex rooms with private bathrooms. One room accommodates 4-6 people. Private rooms for teachers /chaperones are typical, but this is based on request and availability.

## STAFFING

Our incredible team will be on call to support you every step of the way—including Country Director Carlos Buonafina, as well as expertly-trained cooks, security guards, house managers, and drivers. A CCS leader will be assigned to the group at all times.

## COMMUNICATION

Our staff can be reached 24/7 in the event of an emergency. Students will have the opportunity to access the internet and landlines for set periods of time on most evenings. Trip updates may be posted on our blog for friends and family to follow along.

## TERMS AND CONDITIONS:

Individual Program Contribution includes all in- country expenses, including meals, lodging, transport, scheduled activities, staffing, travel medical insurance, and volunteer project support. Squads Abroad requires a minimum of one teacher/ chaperone for every nine students enrolled. One free chaperone is provided with 5 or more, two free with 6-16, and 3 free for 17 or more students. Group airfare (estimated \$600-800) is not included in the individual program contribution but may be provided and included upon request for groups of 10 or more.

## DAYS 2-6: AFTERNOON CULTURAL ACTIVITIES

Each afternoon the group will engage in guided cultural activities and excursions in the area. Visit a family farm and participate in a pottery workshop.. Take a guided tour of the impressive Maya ruins at the nearby Iximche Archeological Park and participate in a Shaman ceremony. On your final afternoon explore the city of Antigua, a UNESCO World Heritage site and once the grand capital of the Spanish Empire.

## DAY 7: TRIP CLOSURE & RETURN HOME

Embark on a return flight home! Friends and family will love to hear of the many exciting stories of the friendships and discoveries you made in Guatemala!



## PROGRAM CONTRIBUTIONS, DUE DATES, AND HOW TO ENROLL

**Individual Program Contribution: \$990 per student**

**Group Project Contribution:** \$1500 per group towards the host enrichment project.

**Due Dates:** Application & \$350 deposit due October 22nd, 2018, balance due 60 days prior to trip

**How to Enroll:** Online @ [www.empowered.org/Ross-S-Sterling-High-School-Key-Club](http://www.empowered.org/Ross-S-Sterling-High-School-Key-Club)

[www.squads.ngo](http://www.squads.ngo)

Communicate with our Director of School Group Programs, Erik Werner @ [ewerner@ccs.ngo](mailto:ewerner@ccs.ngo) or 914\_632\_0022