



SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Arrival in Delhi</p> <p>Leave for Agra, breakfast en route.</p> <p>Arrive at the TAJ MAHAL!</p>	<p>Breakfast!</p> <p>Visit the Amer Fort, City Palace, and Jantar Mantar</p>	<p>Breakfast</p> <p>Depart for volunteer work assignment</p> <p>Arrival and introduction to the school and Global Health project</p>	<p>Breakfast</p> <p>Depart for volunteer work assignment in the school- Global Health project</p>	<p>Breakfast</p> <p>Depart for volunteer work assignment in the school- Global Health project</p>	<p>Breakfast</p> <p>Depart for volunteer work assignment in the school- Global Health project</p>	<p>Breakfast</p> <p>Prep and Planning</p> <p>Depart for Volunteer work assignment in the school- Global Health project</p>
Afternoon						
<p>Lunch</p> <p>Travel to Jaipur</p> <p>Jaipur arrival, check in hotel</p>	<p>Lunch</p> <p>Travel to the airport</p> <p>Flight from Delhi to Dharamsala.</p>	<p>Lunch at the Home-Base</p> <p>Prep and Planning for next day</p> <p>Yoga Class</p> <p>Cooking lessons: introduction to Indian Food</p>	<p>Lunch at the Home-Base</p> <p>Prep and planning for next day</p> <p>Rest and regroup</p> <p>Visit local Indian Temples</p> <p>Hindi lessons</p>	<p>Lunch at the Home-Base</p> <p>Depart to Home-Base</p> <p>Prep and planning for next day</p> <p>Market day: Take a trip to the local market</p> <p>Rest and regroup!</p>	<p>Lunch at the Home-Base</p> <p>Prep and planning for next day</p> <p>Rest & regroup</p> <p>Guest Speaker: Women in India</p> <p>Hindi Class</p>	<p>Lunch at the Home-Base</p> <p>Group Project: Farming and Educational Projects</p> <p>Visit Kangra Fort</p>
Evening						
<p>Dinner!</p> <p>Schedule review and expectations</p> <p>Rest and Relax</p>	<p>Dinner at the home-base!</p> <p>Orientation: Meet CCS staff and get to know Dharamsala!</p> <p>Rest and Relax</p>	<p>Dinner!</p> <p>Learn Mehendi/Henna Designs</p> <p>Rest and Relax</p>	<p>Dinner!</p> <p>Reflection Session: Culture shock and navigating India</p> <p>Rest and Relax</p>	<p>Dinner out at McLeod Ganj, a Tibetan community in exile</p> <p>Rest and Relax</p>	<p>Dinner!</p> <p>Bollywood Movie Night</p> <p>Rest and Relax</p>	<p>Dinner!</p> <p>Rest and Relax</p> <p>Reflection Session: Your Relationship to the World</p> <p>Music Night: Guitar & sitar</p>



SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Breakfast!	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Transportation to Amritsar	Visit the Golden Temple Visit to Park and Site of Jallianwala Bagh	Depart for volunteer work assignment in the school- Global Health project	Depart for volunteer work assignment in the school- Global Health project	Depart for volunteer work assignment in the school- Global Health project	Depart for volunteer work assignment in the school- Global Health project	Depart for final day of volunteer work assignment in the school- Global Health project- farewell ceremony with the students
Afternoon						
Have lunch at the Sikh Soup Kitchen at the Golden Temple	Try Punjabi food for lunch Return from Amritsar	Prep and Planning for next day Rest & Regroup Indian Cooking Class: Tandoori Yoga Class	Prep and planning for next day Visit McLeod Ganj & Meet with Buddhist Monk	Prep and planning for next day Market day: Take a trip to the local market Rest and regroup!	Prep and planning for next day Rest & Regroup Guest Speaker: Women in India Hindi Class	Lunch and Final De-briefing and Rflections Departing: Depart to airport Flight to New Delhi
Evening						
Return to Hotel for Dinner Rest & Relax	Dinner and discussion Rest and Relax	Dinner! Art Night Learn Alpana/India folk Art Design Rest and Relax	Dinner! Feedback: Adjustments to India Hindi Class Rest and Relax	Dinner out at McLeod Ganj, a Tibetan community in exile Rest and Relax	Dinner! Rest and Relax Reflection Session: Your Relationship to the World Music Night: Guitar & sitar	Dinner and prepare for the long journey home!